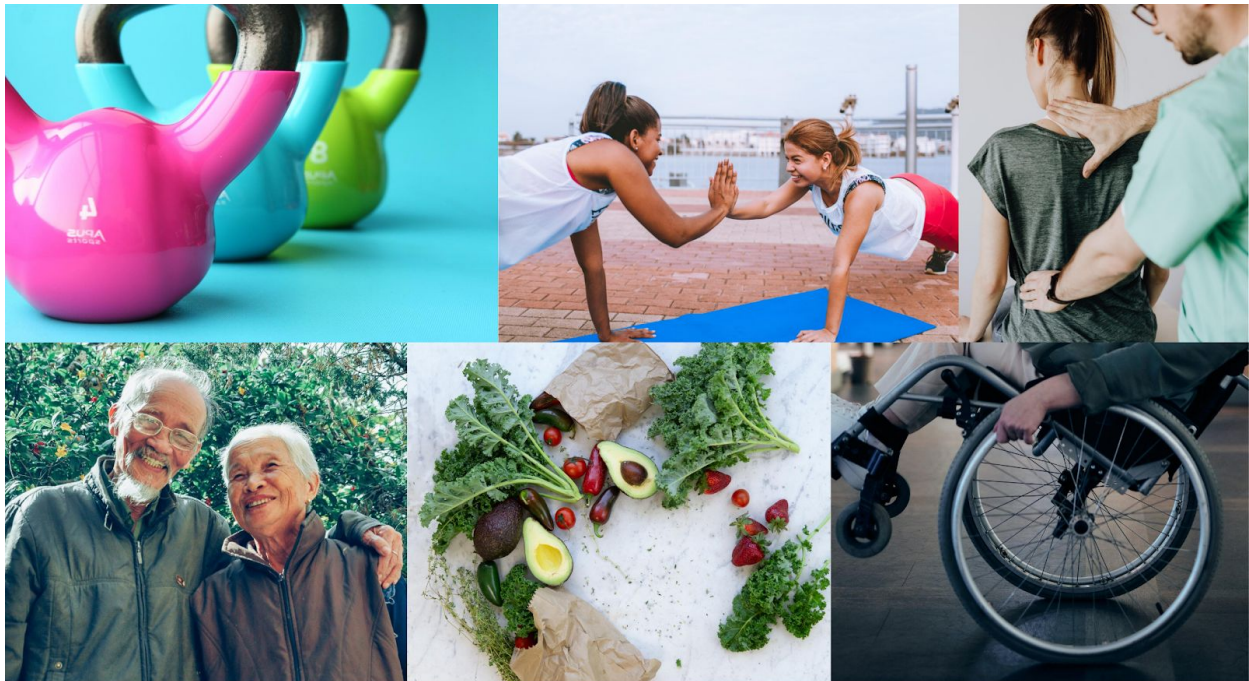




# Health & Wellness Day at the Market!

Come meet health and wellness professionals at the Lomita Farmers Market. Health and Wellness Day gives customers education and tips on making positive healthy lifestyle choices. Find resources and local businesses that can help with health and wellness needs.



Sunday, August 16th

10am to 2pm  
Lomita City Hall - Front Lawn  
24300 Narbonne Avenue, Lomita, CA 90717

**BRING THIS FLYER & GET A SPECIAL GIFT FROM  
OUR BUSINESS VENDORS**

Home Health Depot • Adam Chiropractic • Still Got It Fitness  
The Wellness Company • SBHIS - John Ballard • Gladius Athletic Foundation  
♦♦♦ and more! ♦♦♦